

Nursery Menu 2021

Week -1

W/c 6/1/21, 25/1/21, 15/2/21(Monday meal on Tuesday) 8/3/2, 29/3/21

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|------------------|--|--|--|--|
| SOUP | | Lentil soup (Ve) | | Seasonal Vegetable Soup (Ve) |
| MAIN DISH | Creamy Macaroni Cheese (V) Roasted Broccoli & Cauliflower | Cosmo's Wholemeal Pizza, & Coleslaw (V) | Scottish Beef Mince pie Or Quorn Mince Pie with Neeps and Tatties | Bubble Coated Salmon Sautéed Potatoes Roasted Vegetables |
| DESSERT | Yogurt selection & Fresh Seasonal Fruit Salad | | Homemade Banana & Oat Loaf Fresh Seasonal Fruit Salad | |
| | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily |
| BACK UP | Tuna Wholemeal roll Crunchy Veg bag Fruit or Yogurt | Egg Mayonnaise Wrap Crunchy Veg bag Fruit or Yogurt | Chicken Baguette Crunchy Veg bag Fruit or Yogurt | Gammon Wholemeal Sandwich Crunchy Veg bag Fruit or Yogurt |
| DRINKS | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water |

**For settings open on a Friday all day, lunches will be a packed lunch option only.

** Following a Monday holiday the Monday choice will be offered on the Tuesday.

** This menu complies with Setting the Table guidelines and Food for Life.

Week 2

W/C11/1/21, 1/2/21, 22/2/21, 15/3/21,

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|------------------|--|---|--|--|
| STARTER | | Carrot Soup (Ve) | | Tomato & Red pepper soup (Ve) |
| MAIN DISH | BBQ Sausage and Bean Hotpot (V) Mini baked Potatoes, Corn on the cob | Chicken and Quorn dippers (V) Home Made Potato Salad | Pasta Bolognese (Ve) & Mediterranean Vegetables | Chicken & Lentil Korma Or Vegetable Korma (Ve) |
| DESSERT | Yogurt selection & Fresh Seasonal Fruit Salad | | Apple and Cinnamon Muffins Fresh Seasonal Fruit Salad | |
| | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily |
| BACK UP | Egg Mayonnaise wholemeal Roll Crunchy Veg bag Fruit or Yogurt | Chicken Wholemeal Baguette Crunchy Veg bag Fruit or Yogurt | Cheese Sandwich Crunchy Veg bag Fruit or Yogurt | Tuna & Sweetcorn Wrap Crunchy Veg bag Fruit or Yogurt |
| DRINKS | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water |

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** Following a Monday holiday the Monday choice will be offered on the Tuesday.

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Week 3
W/C 18/1/21, 1/3/21, 22/3/21

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|------------------|---|---|--|--|
| STARTER | | Lentil soup (Ve) | | Seasonal Vegetable Soup (Ve) |
| MAIN DISH | Chicken / Quorn Meatballs in Tomato & Basil sauce Whole-wheat Pasta (Ve) | Creamy Macaroni Cheese With peas and sweetcorn (V) | Quorn hot dogs, Spicy potato wedges & Corn Cobbett (Ve) | Cod Goujons & Chips With Peas and Carrots |
| DESSERT | Yogurt selection & Fresh Seasonal Fruit Salad | | Pancakes & Fresh Seasonal Fruit Salad | |
| | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily | Mixed salad Available daily |
| BACK UP | Gammon wholemeal roll Crunchy Veg bag Fruit or Yogurt | Savoury Cheese Baguette Crunchy Veg bag Fruit or Yogurt | Tuna Mayonnaise Sandwich Crunchy Veg bag Fruit or Yogurt | Egg Salad Baguette Crunchy Veg bag Fruit or Yogurt |
| DRINKS | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water | Semi-skimmed Milk or Water |

**For settings open on a Friday all day, lunches will be a packed lunch option only.

** Following a Monday holiday the Monday choice will be offered on the Tuesday.

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