

ADULT LEARNING



Dealing with Challenging Behaviour

Tuesday Evenings for 5 weeks

Starting 20th April 2021, 7.00-8.30pm on Zoom



This course is for parents with children aged 1-5 years. Session 1 will be an introductory session to explore what participants would like from the course. A four week programme will then follow which can consider but is not limited to;

- Positive Parenting
- Setting Boundaries
- Rewards and 'Discipline'
- Positive Relationships
- Keeping your cool
- Needs vs Wants

To sign up email CLL@midlothian.gov.uk or call/text
07786668824

