



# Early Years - Learning at Home 3

January 2021



Play and Talk is all you need.



## Things to Remember

- Everyday real life tasks are good learning experiences.
- Play and talk is all you need.
- See the world through your child's eyes, to a child the world is still a wonder and something to explore and learn about.
- You have been doing this job since they day they were born, you do not have to become a teacher during this time.
- Let the children lead - it might get messy but that is OK.
- Do not let social media, websites, resources etc. become a burden or a standard to live up to. They are just ideas to support you, not an expectation.
- Have fun and enjoy this time talk, listen, read, laugh, sing, dance, play, cuddle!

## Learning from Home

While your nursery is only physically open to children of key-workers and our most vulnerable children we will be supporting your child's learning through providing a selection of suggested areas to explore with your child, all based around a story you can access online.

However, we would like to stress these are optional and are there to be a support and not a burden. At home your child will learn from you through talking, listening, helping and playing with you.

These will (on purpose) be mostly things you might do anyway with resources you already have – but you may not know how rich they are in learning for your child. They are just ideas for if you are stuck or wondering what to do, so please pick and choose.

We are all here to help, always just get in touch with your nursery.

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Aliens Love Under-pants by Claire Freedman & Ben Cort

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## Other Useful General Resources:

**Parent Club**— <https://www.parentclub.scot/>

**Play Scotland**— <https://www.playscotland.org/parents-families/>

**Education Scotland Parentzone**— <https://education.gov.scot/parentzone/learning-at-home/covid19/be-at-the-heart-of-your-child-s-learning-during-covid-19/>

**BBC**— <https://www.bbc.co.uk/bitesize>

**Bumps to Bairns**—<https://bumps2bairns.com/>

**Julia Donaldson home learning packs**— <https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-Home-Learning-Packs-40114>

**Being me with Dug**— <http://www.e-sgoil.com/earlyyears20/>

**Book Bug**— <https://www.scottishbooktrust.com/bookbug>

## 1. Aliens Love Underpants by Claire Freedman & Ben Cort

Cosy up and listen to this wonderful online story:

<https://www.youtube.com/watchv=ADnAGBWlqgE>

Activity: Talk about the story

What are aliens? Where do they come from? How did they get down to Earth?



## 2. Make Cookies

### Activity

Make some flying saucer cookies using a biscuit recipe. Discuss what equipment you will need, measure ingredients, mix dough and divide onto a baking sheet, clean up and tidy away. Add an extra ball of dough into the middle of each cookie. Decorate using small sweets/raisins to look like flying saucers.

### Throughout the Day

Read stories, draw pictures and eat alien snacks/lunch in the space-ship.

Encourage your child to count the biscuits you have made. Are there enough for everyone? How many are left once everyone has eaten their one?

### Useful Words to Use

mix	amount	level
weigh	more	less
bigger	smaller	stir
altogether	tasty	sticky
delicious	crunchy	chewy
round	circle	



## 3. Make a Model

### Activity

Use Lego or old boxes and cartons (anything you can find around the house) to build a model space ship and/or an alien.

You could try making a space ship 'den' to climb into. Use old boxes, sheets, pegs, blankets etc. Perhaps you could decorate it using tin foil, coloured paper or other bits and pieces? Can they make a steering wheel or control panel?

### Throughout the Day

Go on imaginary adventures. Count backwards from ten before you take off!

Take photos of your child's models to share with family, friends and your child's Key Worker.

### Useful Words to Use

alien  
space  
flying saucer  
3D  
whizz!  
whoosh!

**"Remember these are only some ideas. Talk, play, let the child lead and most importantly have fun together!"**

## 4. Make Up a Story

### Activity

Make up your own alien stories—think of funny names for the aliens! Perhaps you could help your child to 'write' a story by scribing for them. Help them to make their own little book by attaching several pieces of paper together. Maybe they could act out their story?

### Throughout the Day

Make up your own strange alien language using nonsense words and funny sounds. Change the names of food and objects around the house to alien words.

Dress up as an alien using a variety of hats, scarves, large t-shirts, odd socks and, of course, underpants!

### Useful Words to Use

nonsense  
weird  
wonderful  
strange  
imagine  
different

## 5. Design Some Underpants

### Activity

Use paper or card, paint, pens, pencils or crayons to draw, cut out and decorate different shapes and sizes of underpants. Experiment with different patterns and colours.

Get some string or wool and some pegs. Make a washing line for your underpants and peg them up.

### Throughout the Day

Encourage your child to help with everyday household tasks like sorting washing or pairing socks. Talk about and compare different sizes, colours and patterns.

Take photos of your washing line and send them to friends, family and Key Worker. Ask them what their favourites are. Which were most/least popular?

### Useful Words to Use

pattern	zig zag	spotty
dotty	striped	checked
plain	colourful	long
short	big	large
gigantic	huge	small
tiny	miniscule	wee
stretchy	tight	loose

**Other Ideas:**



**Questions You Might Ask...**

- Did you like the book? What did you like about it?
- Which were your favourite underpants/patterns? Which were the funniest, biggest and longest?
- Would you like to meet an alien? What would you do with your alien friend? What would you ask them?
- Talk about rhyming words e.g., sees and breeze. Can you think of any other words that rhyme with sees?
- Do you ever look up at the dark sky at night and wonder what is up there? Can you see the stars? Can you count the stars? Can you see any patterns in the stars?

**Make Aliens, Spaceships and Planets Out of Play Dough!**

**Play Dough Recipe**

Ingredients:  
 8 tbsp. flour  
 2 tbsp. salt  
 60ml warm water  
 1 tbsp. vegetable oil  
 Food colouring

**Method**

1. Mix flour and salt.
2. In a separate bowl mix water, oil and colouring
3. Now mix all together.
4. Knead the dough on a floured surface.
5. Store in a plastic box or sandwich bag in the fridge.



**“Be kind to yourself you are doing a great job.”**

**Sing and Dance**

5 Little men in a flying saucer  
 Flew around the world one day  
 They looked left and right  
 But they didn't like the sight  
 So one man flew away ...WHOOSH!  
 4 little men in a flying saucer ...  
 (continue song until the last man has flown away)

NB. You can replace 'men' with other words e.g., people/folk.



**More Stories:** Read other space stories:  
<https://www.youtube.com/watch?v=f7VWwA9q13M>

Listen to some more funny underpants stories  
<https://www.youtube.com/watch?v=psKDT2oLzIA>  
<https://www.youtube.com/watch?v=Ubxn4yENCd4>  
[https://www.youtube.com/watch?v=Vd8\\_Y1bEzA8](https://www.youtube.com/watch?v=Vd8_Y1bEzA8)

<https://www.youtube.com/watch?v=d34Q96KVUvQ>

**Space Facts:** Find out some facts about space:  
<https://www.bbc.co.uk/cbeebies/topics/space>

**Healthy Eating:** Make healthy alien or spaceship snacks using vegetables, cheese and fruit.